

HEALTHY FAMILIES ST. JOHNS



BECAUSE BABIES DON'T COME WITH INSTRUCTIONS.

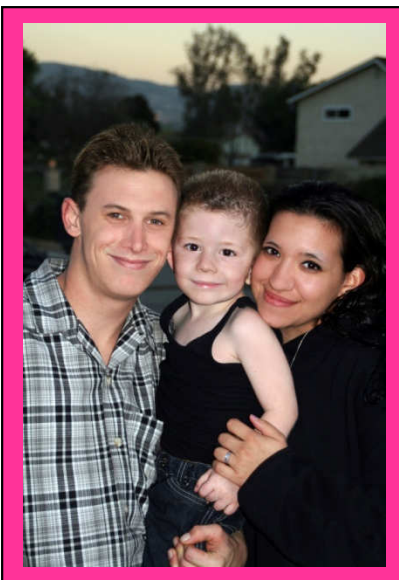
Healthy Families is a free, voluntary, home-visiting program helping parents be the best parents they can be. Our Family Support Workers will make visits to your home to provide information, guidance and emotional and practical support.

BECAUSE PARENTING IS A BIG JOB.

Healthy Families' services begin during pregnancy or within three months of a baby's birth and can last up to five years depending on the unique needs of each family.

BECAUSE YOU WANT TO GIVE YOUR FAMILY THE BEST.

Studies show that the most important learning in a child's life takes place from birth to five years. We will be there assisting you in strengthening the bond you have with your child and giving your child a strong foundation for education.



"Healthy Families helped us in ways we could have never imagined."

~ Katherine, Healthy Families graduate

WE CAN HELP YOU:

- Increase your confidence in parenting
- Reduce your stress
- Promote and encourage education for you and your family
- Learn how to manage your finances
- Learn more about community resources and how to use them to help you and your family
- Become more self-sufficient

CALL LISA DUNCAN, PROGRAM MANAGER, AT 904.794.0268 TODAY TO START YOUR FAMILY ON THE ROAD TO SUCCESS!!

Healthy Families Florida is sponsored by The Ounce of Prevention Fund of Florida and the State of Florida, Department of Children and Families.

